

Kushed Bulletin

Issued by: Ku-ring-gai Community Workshop 'The Shed' Inc.

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First Aid Course at The Shed

Friday 12th November



The annual First Aid course is on again!

The course is open to Shed Members and non members.

The majority of the studying is done online, so just the short practical session and exam is conducted on the day

Two courses will be run

HLTAID011 Provide First Aid - This is the introductory and full first aid course. The cost is \$115.00

HLTAID009 Provide cardiopulmonary resuscitation - this is the refresher course, which should be done every twelve months. The cost is \$60.00

Please use this [link](#) (which is just for us) to signup for the course you are interested in

Remember: the life you save may be a family member or friend

Clean Up And Clear Out A Great Success





Our thanks to those who participated so actively in our spring clean.

The workshop walls have all been cleaned inside and out, all the surfaces have been cleaned and the accumulated items that were surplus to our requirements have been dispensed to recycling where possible.

Machinery maintenance was undertaken concurrently so we could be ready for members first thing on the Monday morning. The kitchen and lunchroom are also pristine.

During the lockdown we were able to undertake the replanting outside and mulch those areas. This will greatly enhance our surroundings as all are growing well.

There has been lots of activity as we recommence operations with the air quality program well underway supplemented by a planned program of reconfiguring and enhancing our space utilisation.

It is wonderful to see the pride that members take in our Shed and the delight as they have the opportunity to catch up with each other and recommence the projects that they were looking forward to.

Our Committee has continued to operate by email during lockdown and a lot of planning and preparation for 2022 has been undertaken during that time. We look forward to finishing a challenging 2021 on a high note as we complete many of our projects.

Brian Killin

President

Where Does The Money Come From?

A few Sheddies, looking at the the new dust extraction equipment, extensive areas of bush regeneration and the large cardboard boxes sitting in the welding bay, are wondering where all the money comes from to pay for all this stuff

The majority comes from Grants from the Commonwealth Government, State Government and Ku-ring-gai Council, along with ongoing generous support from Bendigo Bank local branches

All of these grants require many hours of work by dedicated Shed members in the drafting of applications, management of the grant and associated activities and status and completion reports

Here is a list of the grants we have received in the past three years

2019 - Federal Government. Community Environment Programme

See Article below

2020 - Ku-Ring- gai Council. Covid Hardship and assistance

This grant allowed us to purchase the FEIN vacuum systems, such as the one attached to the Drop Saw

2020 - Ku-Ring- gai Council. Community Grants Programme

This was used to purchase components to automate the blast gates in our wood machining dust extraction system

2021 – Federal Government. Stronger Communities Programme

This grant was used for the purchase of a Lincoln Fume extraction system for the welding bay. Currently awaiting delivery of the main filter, this system will be installed and provide capture and filtering of any fumes or sparks from our welding or plasma cutting activities

2021 - NSW Government / AMSA grant.

This grant, which is managed by AMSA, provided us with a range of improvements.

Two roof fans installed on Building A. They will be connected to the Dust Monitoring System and will be turned on automatically when unhealthy levels of dust are detected

A large Carbatec Dust Extractor and associated ducting and blast gate components, to install dust extraction in the Wood Turning area

Two safety harnesses and roof attachment anchors, to allow anyone to work on the roof of building A safely

Community Environment Project



In October 2019, The Shed was provided with a \$3,000 grant by the Federal Government, through our local member Paul Fletcher. The project was to be completed by June 2020 but due to Covid lockdowns, was extended until June 2021.

The project involved earthworks adjacent to our Block B building to form an area which would redirect surface water wide of the building as well as to provide a natural landscape to the area. This area was further preserved with a sleeper retaining wall.

At this point, our member, Bruce Donnelley stepped in with his Bushcare Qualifications to plan revegetation of selected areas adjacent to both of our buildings. Three areas had star pickets to mark out the main areas of planting, and sprayed to remove weeds. Various volunteers helped with planting 350 native plants comprising of eleven different native species that grow naturally in the Duffy Forest area.

Each was planted with a protective plastic sleeve guard and bamboo stakes. Bruce, President Brian and Stephen Lloyd then distributed 12 cubic metres of leaf litter which is planned to breakdown and contribute to soil improvement and moisture containment.

Constant watering by Bruce enabled all plants to successfully establish and it won't be long until we see a natural ground cover interspersed with selective native bush and small trees.

The Bushcare Group is open to new members who by participating will have the opportunity to learn some of the fine detail of Bushcare and native flora, and continue to maintain our two existing Shed bushcare areas and recent environmental plantings. Enquire with the office.

More Book Libraries, to Spread The Word





Pre LockDown the Shed received a request from two local kindergartens for library boxes, now completed and delivered.

Mike Schwarz made the first one to be installed at the Kids Club Killara and David Wood made and installed the second at Roseville Kindergarten.

Both boxes have adjustable shelves to accommodate differing sizes of children's books and one was left unpainted for the kids to finish decorating

Metalworkers to The Rescue



Mike Vernon and Rob Schild fulfilled a request from the Fresh Tracks Foundation to make

some foot supports to allow their members to use exercise equipment

This followed other requests, successfully completed, for modified handlebars etc to make the equipment available to everyone

Garden Beds for Pre Schools





The Little Wallabies Early Learning Centre requested us to plan and install two garden beds on their site.

This project was a real team effort, with the Tuesday group under Tony Varrall designing and building the bed walls in sections and a team of five installing the beds and filling them with soil, in preparation for planting.

Those onsite were Rob Lander, Bruce Donnelley, Mark Champion, Rob Schild and John Griffin–Miller.

Community Notices

AMSA Shed Online is set up to provide the Men's Shed community with an online platform to share information, projects and engage in general discussion. Please click [here](#) for further information.

They also have a set of podcasts available of interest to Shedders.

Those podcasts are available [here](#)

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