

Kushed Bulletin

Issued by: Ku-ring-gai Community Workshop 'The Shed' Inc. Date: 23rd June 2024

President's Message

Our Shed continues to prosper with many new members joining us.

We invite our new members to join us as often as they would like, even if it is only for a cuppa and a yarn when they don't have a specific project.

We want to hear your ideas and to better understand how the Shed can be of real benefit for you.

We have extended our operating hours to 9:00 am to 3:00 pm as a trial and it is working well.

We have been focussing on rebuilding our community engagement after the Covid hiatus, with members volunteering for projects as soon as they are identified.

We encourage members and their contacts to bring potential community projects to our attention.

The Shed receives wonderful support from Bunnings Pymble and Bendigo Bank for worthwhile projects. Our hardworking native bee box team continue to underpin our financial stability.

The Shed continues to support the Hornsby Ku-ring-gai Women's Shelter with our function raffle proceeds and more recently have committed to providing maintenance support for The National Centre for Childhood Grief in Hornsby.

This is a great non profit organisation funded by charitable donations and we would encourage you to support them.

Brian Killin

President Ku-ring-gai Community Workshop "The Shed"

Bob Lions - OAM



The Shed's very own Bob Lions received an OAM in the Australia Day list 2024. The presentation was made on 22 May 2024.

Congratulations to Bob who had done so much for OTC, the Vets and the Australian Community and rightly deserves this recognition.

Repairs to 1st North Turramurra Scout Hall

The scout hall really needed some remedial maintenance, so our members volunteered to undertake the work required.

Mike Vernon and Martin Suthers have fitted new guttering and repaired the porch roofing timber.

The kitchen area is in need of refurbishment with a new sink and kitchen bench. The floor also needs to be repaired due to sinking footings.
The Shed will undertake this work in the near future.

The building also needs painting, however the height in some areas is too great to allow our older members to be up ladders to do the work.

We will be looking to recruit some younger volunteers from the community to assist us with this painting work.

Men's Health Week

In June the Shed hosted a Mid Year Lunch and Forum reviewing the risk factors associated with the development of dementia.

The event was attended by over 50 members and guests.

The keynote speaker was Dr Diana Matovic from Macquarie University who provided valuable

insights from her research into the issue.

The forum engaged with our members and representatives from Ku-ring-gai Council, Ku-ring-gai Neighbourhood Centre and Bendigo Bank.

This was an inaugural event for Men's Health Week and it is planned to extend the scope in the years to come.

We thank the Ku-ring-gai Council for the grant which enabled us to hold this event.

Our Resident Chefs Excel During Men's Health Week

Our Cooking group looked the part of professional chefs as they toiled for two days to complete the preparation, cooking and serving of a three course meal for fifty people recently.

The meal was one of the highlights of the Men's Health Week presentation at the Shed.

A big thank you to Max Elliot and Idris, who provide the leadership, and the whole Cooking group for their dedication. They also seem to have a lot of fun as well!





Bookshelves for Lifeline Shop





Bunnings runs a national mentoring program for students (in year 10) who are intending to pursue a trade career.

The Shed engaged with Bunnings to work with 5 students from Turramurra High to build flat pack bookcases for Lifeline. This was a full day workshop.

Four bookcases were completed and supplied to Lifeline with another nine to be completed by our members. Bunnings very kindly donated the materials for the project.

The boys learned how to use some of the machinery at The Shed during the course. According to the boys, the best part of the day was sitting down at lunch talking to the guys at the Shed about post school career options

The photos show the students along with Gemma, the Activities Manager at Bunnings Pymble, and the completed bookcases at Lifeline Pymble

Well done to Mike Leviton, Matt Caine, Darren Johns, Brian Killin and Mal Cocks

Display Cabinet for Red Cross Shop



The Red Cross Shop at Gordon was reduced to displaying their stock on top of a garbage bin.

Brian Killin constructed some display stands and sales have increased now that they are able to display stock nicely.

Furniture to Support Killara RFS Brigade



This rolled hose rack and work bench are the first pieces of 'furniture' completed for the Killara Rural Fire Brigade's new station on Koola Ave in Killara.

Rob Schild, a Shedder and RFS member, passed on their thanks to those in the Shed who helped with the fabrication and transport.

Possum and Bird Boxes to Support Wires

Possum and bird boxes are always needed by Wires.

Our members have quickly responded and there is now a steady production effort to produce the boxes.

We can also make them to order

They are now available, unpainted, for \$50.00.

The boxes have a mounting plate and a hinged lid that can be lifted if the box needs cleaning.

Please send an email to kushed@bigpond.com for details and to order



Jolly Lolly Trolleys



Mike Schwarz, David Wood and Bernhard Vanderstelt undertook to make three Lolly Trolleys for Hammond Aged Care.

These are used to take treats around to residents.

Bench - Before



Sometimes repair jobs arrive at The Shed and you look at them and despair.

Such was the case with these two garden seats, that had been very unloved.

The client was happy to wait for the magic to happen.

All the timber was replaced, ironwork cleaned and wire brushed and the chairs painted and varnished

The result was one very satisfied customer

New Wood Turning Lathe



Introducing our new Nova - Orion wood turning lathe that was commissioned early in May 2024.

The lathe has electronic variable speed control, from 100 RPM up to 5000 RPM.

It has 8 preset memory speeds that have been set from 100 RPM at intervals up to 3600 RPM , which is the maximum speed of our other 2 belt driven lathes.

The Orion will run forward and reverse.

This is a welcome addition to our wood turning area

Shed Welding Course

The Welding course was an introduction to welding (stick welding), held over four Fridays with four hours of instruction per day. There were six participants, working in pairs using three different welding machines.

The participants were Martin Buddery, Richard Lilischkis, Ted Reid, Adrian Thompson, Matt Caine and Rod Heydon.

The Instructor, Richard Butcher, has qualifications as a welder, boilermaker, blacksmith, metallurgist and senior TAFE lecturer. He spent much of his career at the Eveleigh Railway Sheds. He is a rail enthusiast (especially steam) and an active conservationist of railway heritage. He has also authored books on railways.

As a spritely 87 year old, his welding skills are still in demand, in particular on certain steam locomotives and at the Galston Model Railway.

Mark Restuccia acted in a support role for the course and spent many hours preparing metal that was used during the course.

All the Shedders attending learnt a lot on the course and were kept entertained by the instructors anecdotes. They are probably not yet first pick to weld the AUKUS nuclear submarines, but would have a good shot at repairing their box trailers.

The photos show Richard Lilischkis 'on the job', plus a group photo of Richard, Richard and Martin.

We would like to thank Richard Butcher and Mark Restuccia for making the course such a success





Art Class Anyone?





The Art Group continue to provide a venue for creativity and camaraderie.

Meeting on the 4th Friday each month, they use a variety of mediums to produce works for themselves and others.

Please contact Bruce Donnelley via our email box at kushed@bigpond.com for details and to join in the fun

Free Timber to a Good Home



Darren Johns has some timber that is free for the collecting.

The lengths are 1-4m in various shapes. It is mostly hardwood or exterior timber.

Please call Darren on 0410 345 669 or email at [this address](#) if you would like any.

A Moveable Feast



Realising that some potted plants need to moved in and out of the sun and rain, Mark Champion

designed and welded up two plant stands on wheels.

These provided mobility for the plants, as well as much needed MIG welding practice.

New and Returning Members

The President and Committee would like to welcome the following new and returning members who have joined our Shed recently.

We would appreciate it if all existing members would welcome our new fellow shedders to the fold.

Slava Isarevskiy
Grant Nielsen
Ian Johnston
Ron Watson
Jeff O'donnell
Lean Mc Andrew Marr
Frank Larkin
Glen Nairn
Lee Wynyard
Harry Hull
Maria Mangraviti
David Chadwick
James Armstrong

The AMSA Shed Wireless Podcasts

The AMSA Shed Wireless Podcasts are regular Podcasts presented by John Paul Young
They discuss topics of interest to AMSA members



Listen on Apple Podcasts



Simply [click here](#) or on the button to the right.

Listen on Google podcasts



[Click here](#) or on the button to the right.

Copyright © 2022 Ku-ring-gai Community Workshop 'The Shed' Inc, All rights reserved.

You are receiving this email as a member or friend of the Ku-ring-gai Shed

Location: St Ives Showground, 450 Mona Vale Road, St Ives.

Phone: (02) 9983-9732

Web: <http://www.kushed.org.au>

Email: kushed@bigpond.com

Our mailing address is:

Ku-ring-gai Community Workshop 'The Shed' Inc

PO Box 216

GORDON, NSW 2072

Australia

[Add us to your address book](#)

Want to change how you receive these emails?

You can [update your preferences](#) or [unsubscribe from this list](#)

This email was sent to <<Email Address>>

[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)

Ku-ring-gai Community Workshop 'The Shed' Inc · PO Box 216 · GORDON, NSW 2072 · Australia

