

Kushed Bulletin

Issued by: Ku-ring-gai Community Workshop 'The Shed' Inc.

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Official Opening of the Ku-ring-gai Community Workshop Extension

On Friday, 26 October, the long-awaited extension to the Ku-ring-gai Community Workshop was officially opened in the presence of a number of dignitaries from all three levels of Government. Present were Damon Guerrero, representing Hon. Paul Fletcher MP - Federal Member for Bradfield, Mr Jonathan O'Dea MP- State Member for Davidson, Mr Alister Henskens, SC MP- Member for Ku-ring-gai and Cr. Jennifer Anderson, Mayor of Ku-ring-gai. The Bendigo Community Bank, (Turrumurra and Lindfield branches), was represented by Dean Castell and Sharon Franke.

They all represent organisations that have generously supported the Shed over the years through donations and grants and made the much-needed extensions possible. We are very grateful for their support and look forward to our ongoing relationship.

Stephen Lloyd, President of the Shed, opened the proceedings by introducing and welcoming the guests and then provided a summary of the construction and fit-out process. He particularly paid tribute to Malcolm Bailey, the project manager, for his dedication and endless drive to make it happen. He acknowledged the Building Committee, "Outwest Sheds",



the builders for their excellent workmanship as well as the many Shed members who provided their substantial input.

The guest speakers noted that the Ku-ring-gai Shed, and others like it, are an important link in the improvement of mental and men's health in our community. They provide a venue for collaboration between diverse members of the community under the banner of the Shed.

Members are involved in personal and community projects from the Council bee box program to Boccia slides for Cerebral Palsy Australia, to folding benches for Studio Artes, and many more projects for the community.



As Cr. Jenifer Anderson said in her address, the Shed has exceeded all her expectations from when it was first mooted many years ago and is now an invaluable part of the community.

The ceremony was followed by a morning tea catered by Meals on Wheels and distributed by the cooking group.

An inspection of the new facilities was enjoyed by all.



The Shed is a member of the Australian Men's Shed Association. For details on the Shed and its activities go to kushed.org.au. Training and help is provided to those wishing to develop their skills.



Call for Bushcare Group

The Shed submitted a Bush Management Plan as part of the DA approval for the extension. The two areas of activity for us are enclosed with logs and include the area to the north of the Shed and the area near the dog training field that is the southern side of old parking area. The idea is that Duffy's Forest is encouraged to regenerate to its natural state in these areas.

Shed Members are invited to register their interest in participating with a Bushcare Group to initiate planting, general natural restoration and maintenance in line with Council's requirements. We are looking for some 7 to 8 shedders. The group will have an ongoing active participation in order to maintain natural restoration and further develop an extension to the natural environment within the immediate area around our shed. You will learn something about native plants of the Duffy's Forest Ecological Community while helping the Shed meet its obligations as part of the building extension.

This will be an opportunity to learn something of natural bush care in our area and hopefully have a bit of fun participating. For those interested, please Put your name on the sign-on sheet in the lunchroom or email kushed@bigpond.com with Bushcare in the subject line.

Interestingly, several native plants have come up through the disturbed soil surrounding the extension with the recent heavy rain. Bruce Donnelly, who is a qualified Bushcare trainer, will oversee our involvement and provide periodic reports to Council.



Christmas Luncheon

The much looked forward Christmas luncheon will take place at the Shed on Friday 14 December 2018 at midday. It is an opportunity to mix with shedders that attend on other days and with old friends. A sign-on sheet will be on the lunch table in a few weeks or send an email to kushed@bigpond.com with Christmas Lunch in the Subject line and your name in the body of the email.

You can enjoy this extravaganza at a \$20 donation for the meal and beverage. It will be prepared by our cooking group and there will be the obligatory raffle with fabulous prizes.

New Members

The President and Committee would like to welcome the following new members who have joined our Shed recently. We would appreciate it if all existing members would welcome our new fellow shedders to the fold.

Joel	MORTIMER	Marty	BOWEN
Robert	HAYNES	Kevin	THOMAS
Ian	HALL	Tony	ALLEN

Clean-up and Last Shed Day

Thursday 20 December 2018 will be the Shed clean-up day. Volunteers are invited in a thorough clean-out of the Shed.

It will also be the last Shed day for 2018. The Shed will re-open on 7 January 2019.



Christmas Trees

How time flies. With Christmas getting closer already, Keith and Bernhard have just finished making these 30 Christmas trees for a private art group who will paint them to their liking. It took 3 weeks to make them. The shed made some money for our kitty.

Aliens Were Here

The Shed's version of "crop circles" indicate that unwanted Aliens visited us.

Please use a board or drop sheet when painting or spraying inside and outside.





Northern Lights

On a recent holiday, Shedder Mark spent ten days on a houseboat on a frozen lake outside Yellowknife in Canada, hoping to see the Northern Lights.

Viewing the lights at night gave plenty of free time during the day, so when the owner of the houseboat said he had an old staircase to be modified and installed, Mark jumped at the chance. Working outside in temperatures below -6 was challenging but the result was a win/win/win.

The owner gained access from the houseboat to the ice, while the Shed gained a donation for work performed. Mark was kept busy and happy doing what Sheddors do.

Not content with the Shed extension, the committee is now considering opening the International Chapter of the Ku-ring-gai Shed in North America.



Marion Street Theatre for the Young

Some photos of the toys in action at the Marion Street Theatre for Young People that the Shed made for The Velveteen Rabbit 2018 production.

For details of the production see <https://www.mstyp.org.au/the-velveteen-rabbit.html>



What's Cooking

If my memory serves me correctly "Sargent Pepper's Lonely-Hearts Club Band" had something to do with the era of Magic mushrooms and the psychedelic side effects of eating them. So, let me begin by saying the mushrooms we ate today were not of that variety but their flavour could easily have created a hallucinogenic reaction, such was the explosion of taste they delivered on our palates! And that was just the Entrée!

Needless to say, it was another great day of cooking pleasure, camaraderie, tall stories, jokes and global problem solving. What seems mesmerising, and a plot out of Mission Impossible, is when Ruth details the cooking techniques for each recipe. A gaggle of shedders suddenly become an orderly bunch of blokes, all pitching in together to produce not just an edible plate of food, but something that engenders a great sense of achievement and something to take pride in when it is presented to the dining table. The result sees us all depart with a feeling that we too can produce a gourmet meal fit for a queen.

MENU

Entree	Herb & Ricotta Stuffed Mushrooms
Main	Tuna Mornay
Accompaniments	Green Beans with Mustard & Capers Simple Lettuce Salad
Dessert	Apple Jalousie with Custard/Vanilla Ice Cream

With one Cooking Class to go before we prepare for our Christmas festivities, it is hard to believe another year of gastronomic learning is nearly over. It is therefore also time to look to next year to ensure this valuable Shed activity continues. A "hands-up", of those who attended today, saw a unanimous interest in attending in 2019. However, each year sees an element of attrition which needs to be replaced by new classmates.

We therefore invite anyone who could be interested in joining, to put their name on the lists that have been placed around the shed. These will be compiled after our next Cooking Class on 16 Nov to ascertain numbers before next years' schedule is posted.



From Scrapheap to a Fine Possession

Diane rescued an abandoned garden bench from a Council clean-up pile. She recognised the beautiful cast iron ends from days gone by that could be recycled back to their original glory.

Add a donation of western red cedar window slats from the shed plus some of her handiwork, and voila, a wonderful addition to anyone's garden. Well done.

Notices

[AMSA news October 2018](#)

[The next Timber and Woodworking Show](#)

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